



Trainee, Office & Retail

Embark on a dynamic career in commercial real estate in a trailblazing company!

Join our Office & Retail team as a trainee and pursue your career in commercial real estate under the guidance of leading industry experts. Our company not only strives to offer the best to our clients but also prioritizes your wellbeing, personal growth, and development.

About your role

The Office & Retail team is responsible for both leasing and tenants of the whole Sponda portfolio and management of our shopping centres. Our properties range from individual office assets to notable commercial hubs in busy city centre locations. The team's key mission is to have high level customer satisfaction and occupancy levels while driving forward initiatives that develop our properties further in close co-operation with both internal and external stakeholders.

You will be a crucial part of the team, supporting the team's daily business operations through a variety of tasks. These tasks include, but are not limited to:

- Creating and updating several different types of slide decks including customer materials, offers, reports etc.
- Provide analysis and material to support various leasing scenarios including market analysis
- Participating in planning and organizing events
- Responsibility and exposure based on your experience and level of studies

As a valued member of our team, you will play a key role in executing assigned tasks while receiving ongoing support and guidance to ensure your success and development. Responsibilities will expand in alignment with your professional growth, preparing you to take

on increasingly complex challenges. The role provides a great viewpoint on the whole spectrum of commercial real estate including e.g. leasing, key account management and property marketing, and related challenges. Alongside leasing, you'll have the opportunity to gain exposure to and develop in areas such as asset management, marketing and project development further broadening your skills and expertise.

We are looking for a candidate who could start during autumn 2025. The role offers flexible working hours suit to your academic schedule, with an expectation of approximately 2–3 working days per week.

Your drive, skills and knowledge

We seek adaptable individuals who value teamwork, have passion for continuous improvement and strong capability to take initiative amidst diverse challenges.

The ideal candidate will have:

- University-level studies in a relevant field (e.g. real estate or business)
- Proactive, hands-on approach with the ability to take initiative
- Ability to work independently in a fast-paced environment
- Strong coordination and communication skills, ability to play in a team environment
- Proficiency in relevant software, particularly Microsoft PowerPoint and Excel
- Fluent in written and spoken English and Finnish

What Sponda has to offer

As a trainee, Sponda offers an excellent opportunity to grow into a commercial real estate professional within a dynamic and international business environment. We offer you great, talented colleagues and a place to shine in a forerunner real estate investment company. Sponda is a workplace that invests in employee development and acts as a foundation for continuous learning. Teamwork is very important value to us, and we place great care on how we act together and achieve our goals together, supporting each other. At Sponda your merits and successes are recognized and appreciated in an environment that aims for working efficiency to balance professional and personal lives.

Owned by the Blackstone Group, Sponda combines local expertise with truly global network, re-sources and methods to deliver exceptional performance. We have been recognized amongst the best performing companies in the Global Real Estate Sustainability Benchmark (GRESB) assessment for twelve consecutive years, and truly believe in our people and our acts towards better wellbeing through sustainability.

How to apply?

We look forward to receiving your application via [our career site](#). Please submit your application by 17th of September 2025 at the latest. Remember to save your CV as attachment to your application on the Sympa recruitment platform. Please note that we will start re-viewing and interviewing potential candidates already during the application period.

If you have any further questions regarding the position or Sponda, our Head of Leasing, Retail Kristiina will happily walk you through the details by phone (+358 40 576 0656) or via e-mail kristiina.korhonen@sponda.fi

Toimitilahaku »

Vapaat toimitilat, Helsinki →

Vapaat toimitilat, Espoo →

Vapaat toimitilat, Vantaa →

Vapaat toimitilat, Tampere →

Vapaat toimitilat, Oulu →

Vapaat toimitilat, Pääkaupunkiseutu →

Vapaat toimitilat, Helsingin ydinkeskusta →

Toimistotilat »

Kerro tilatarpeesi →

Uudiskohteet →

Coworking →

Opas toimitilan valintaan →

(Un)popular opinions →

Toimistotyön tutkimus →

Kauppakeskukset »

Forum →

Citycenter →

Ratina →

Zeppelin →

Elo →

Meistä »

Strategia →

Vastuullisuus →

Code of Conduct →

Tiedotteet →

Artikkelit »

Asiakastarinat →

Inspiraatiot →

Opas toimitilan valintaan →

Arkisto →

Ota yhteyttä »

Kerro tarpeesi →

Evästeet →

Tietosuojaseloste →

VALITSE EVÄSTEET

EXTRANET